





INTERNATIONAL HOMERUS MATCH RACING CHAMPIONSHIP FOR BLINDS CLASSE METEOR La Spezia, 11 – 14 Giugno 2014



International Association for Disabled Sailing



# SAILING INSTRUCTION







# XXVII TROFEO MARIPERMAN





PC - protest committee OA - organising authority RRS - racing rules of sailing Jury – Int. Jury or Protest Committee as appropriate

RC - race committee NA – national authority SI - sailing instruction NoR – notice of race RMM – IFDS Race Management Manual

### 1. RULES

- 1.1. The event will be governed by
  - a) the 'rules' as defined in the RRS, including Appendix CBS (Experimental Match Racing Rules for Visually Impaired Sailors - effective date 14/02/2012);
  - b) The Part 4 Appendix for Blind and Vision Impaired Sailing to the IFDS Rules of Race Management:
  - c) the rules for Handling Boats (SI Appendix D), which also apply to any practice sailing;
  - d) Class rules will not apply;
  - e) Prescriptions of Italian national authority (FIV) will not apply.
  - f) Breaches of Rule 49 (crew position) will not lead to the opening of hearing, but will be subject to the direct action of the umpires in accordance with RRS C8.2 (changes RRS C8.2).

### 2. ENTRIES and ELIGIBILITY

- 2.1. Only skippers invited by the OA are eligible for the event. The skippers are listed in SI Appendix A;
- 2.2. To remain eligible the entire crew shall complete registration, pay an entry fee, deposit for damage and complete an ophthalmic examination, all within the time specified in the Notice of Race, unless extended by the OA.
- 2.3. The damage deposit is the limit of liability of each skipper for each incident. In the event that a deduction is made from the deposit, the skipper will be required to restore the deposit to the original value to maintain eligibility.
- 2.4. Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the umpires or Jury.
- 2.5. After the warning signal for a match, the registered skipper shall not leave the helm, except in an emergency.
- 2.6. When a registered skipper is unable to continue in the event, the OA may authorise an original crewmember to substitute.
- 2.7. When a registered crewmember is unable to continue in the event, the OA may authorise a substitute, a temporary substitute or other adjustment.

### 3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at the Maritime Station.
- 3.2. Signals made ashore will be displayed from the pole located at the Maritime Station;
- 3.3. Skippers shall attend the first briefing, which will be as specified in the NoR;.
- 3.4. The first meeting with the umpires and observers will be immediately following the first briefing.
- 3.5. A daily morning meeting will start as specified in the NoR on each day.
- 3.6. A press conference will be about 60 min after the last race of the day.

### 4. AMENDMENTS TO SAILING INSTRUCTIONS

- 4.1. Amendments to the SI made ashore will be posted at least 60 minutes before the start of any race affected.
- 4.2. Flag L over the numeral pennant of the most recent amendment will be displayed ashore each day until the sunset.
- 4.3. Amendments made afloat will be signaled by 4 sound signals and communicated by radio, or verbally by an umpire.

### 5. BOATS AND SAILS

- 5.1. (a) The event will be sailed in Meteor class keel boats;
  - The sails to be used will be allocated by the RC; (b)





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- (c) The competitors may be requested to exchange sails during a series. This will not be grounds for redress. This changes RRS 62.
- 5.2. The sails to be used are mainsail and jib or genoa. The sail combination to be used will be communicated by radio by the RC boat with or before the attention signal.
- 5.3. An umpire may give restrictions or instructions from the RC to the boats verbally.
- 5.4. The RC will decide which boats are to be used for each stage and when they decide a boat should not be used, the skipper assigned that boat will be given the temporary use of another boat.
- 5.5. The RC may permit a substitute boat when it is satisfied that the original boat is damaged and the repairs in the time available are not practical

## 6. IDENTIFICATION AND ASSIGNMENT OF BOATS

- 6.1. Boats will be identified by their hull/sail number
- 6.2. Boats will be assigned each day at the morning meeting or at the beginning of each stage as decided by the RC.
- 6.3. Boats will be exchanged in accordance with the match pairing list and race schedule.

### 7. CREW MEMBERS AND NUMBER

7.1. (a) The total number of crew (including the skipper) shall be 2. All registered crew shall sail all races.

(b) At the discretion of the skipper a further crew member may be entered as a reserve.

7.2. The registered skipper shall sail all races.

## 8. EVENT FORMAT AND STARTING SCHEDULES

The event format and match pairing lists are detailed in SI Appendix B. Each flight will be constituted by one match only. The matches to be sailed will be communicated in order of starting by the RC.

- 8.1. The racing days are scheduled as specified in the NoR;
- 8.2. The latest time for an attention signal on the last day of racing will be 16:00, modifiable for substantial reasons at the discretion of the RC;
- 8.3. The number of matches to be sailed each day will be determined by the RC.
- 8.4. (a) The RC may terminate any stage or the event when, in its opinion, it is impractical to attempt to hold the remainder of the matches under the existing conditions or in the remaining time scheduled. Early stages may be terminated in favor of later stages.
  - (b) Add RRS CBS10.3(b): 'When a single round robin is terminated before completion, or a multiple round robin is terminated during the first round robin, the highest score shall be determined as the average points scored per match sailed by each competitor, unless one or more competitor has completed less than one third of the scheduled matches when the entire round robin shall be disregarded and if necessary the event declared void'.
- 8.5. The intended time for the first attention signal each day will be posted on the official notice board before 20:30 on the previous day; in case of failure to post the intended time of the first attention signal of the day is as specified on the NoR;.
- 8.6. Each subsequent flight will be started as soon as practicable after the previous flight.
- 8.7. When a match cannot start at its intended time, the signals and starts of the following matches will remain as originally scheduled, leaving a blank start for the pair not starting. No starting sequence flags will be displayed for a blank start.
- 8.8. When, in a knock-out series, a winner of a particular series has been determined, subsequent starts may be brought forward to eliminate blank starts. Competitors will be so advised verbally by an umpire.

## 9. OBSERVER ASSIGNMENTS

This rule changes the preamble of Appendix CBS.

When a boat is not racing, it shall always be followed by the observer boat , or have its-own coach on board who will have to sail windward and close to the starting mark

a) At 7 minutes, the coach will have to get off the boat and get on the observer-boat without any solicit of RC ;

b) From the observer-boat the coach can give voice instructions to his crew only to avoid





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obstacles;

c) At 5 minutes, unless any specific authorization of the observer, the coach must stop all contact with the boat, which will be taken over by the umpire;

d) The 2 observer-boats shall be at umpire's disposal to control downwind the vertical passing through the starting mark , and to sail the respective sides of the race course if requested.

During the match, the 2 observer-boats will carry the 2 teams of the following race with their coaches who (at the arrival of the boats of every match) will:

e) Return the boat windward of the starting-line ;

f) Steer the boat ;

g) Helping the transfer of blind sailors;

h) Change the yellow-blue flag and the national one.

- And the sequence restarts from the beginning (a).

NB: It is prohibited to make changes to riggings or move the secured weights.

### **10. RACING AREA**

The racing area will be the strecht of water surface inside the breakwater of La Spezia. If aloowed by weather conditions the regatta will take place in the space between the Passeggiata Morin, the Italia Pier and the docks of Assonautica and Mirabello harbor.

### 11. COURSE

### (a) Course signals and course to be sailed

Course signals will be displayed from the RC boat at or before the warning signal.

Marks W and B shall be rounded to starboard.

The RC may direct by radio the boats that have rounded mark W to round the next mark Y instead of mark B.

Such direction apply to the on-going match only, unless the RC directs otherwise.

### (c) Description of Marks

The sound of each acoustic mark will be demonstrated during the first briefing.

### 11.1. Starting/Finishing Line

The starting/finishing line will be the straight line between B & Y acoustic marks.

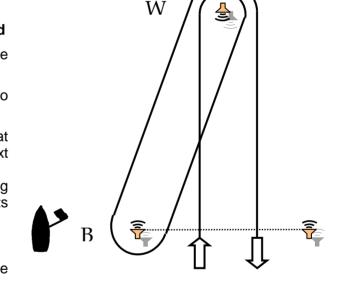
11.2. Abandonment and Shortening

RRS 32 is deleted and replaced with: 'After the starting signal the RC may abandon or shorten any match for any reason, after consulting with the match umpires and Jury when practical.'

### 12. BREAKDOWN and TIME FOR REPAIRS

- 12.1. Before the attention signal of a flight or within two minutes of finishing or within five minutes of changing into a new boat, whichever is later, a boat may signal by radio breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. The request can be made also by a person that is not a crew member.
- 12.2. The time allowed for repairs shall be at the discretion of the RC.
- 12.3. Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the attention signal shall not be grounds for redress. This changes RRS 62.





### **13. STARTING PROCEDURE**

- 13.1. The attention signal will be done not before the leading boat of the preceding match finishes. This changes CBS 3.1.
- 13.2. The RC will check by radio the availability of the boats for the next flight/match before giving the their attention signal, but after the third call they will proceed to count-down
- 13.3. A boat that does not start before her opponent has rounded the leeward mark will be scored without hearing DNS and the match will be terminated and awarded to the other boat. This changes RRS A4 and A5.

### 14. CHANGE OF POSITION OF A MARK

- (a) There will be no changes of course after the start of the first match of a flight.
- (b) In the case of failure of acoustic mark B, the RC may direct by radio that the boats are to round mark Y instead of mark B. Such direction applies to the match in progress only, unless the RC decides differently.

#### 15. TIME LIMIT

A boat that does not finish within 3 minutes after her opponent has completed the course and finished will be scored without hearing DNF. This changes RRS 35 and A5.

### **16. COACH BOATS**

- (a) Coach boats shall conspicuously display identification of the team being coached, and remain on leeward side of the starting line.
- (b) The OA will provide berths for coach boats.
- (c) Coach boats shall not pass on the course side of a line 50 meters below the starting line while boats are sailing a match.
- (d) Any interference by a coach boat with the racing boats or event organisation may result in a penalty applied at the discretion of the Jury to the associated skipper or team.

### 17. MEDIA, IMAGES and SOUND

The OA may require media personnel and equipment (or equivalent weights) to be carried on board at any time and may require competitors to be available for interviews.

- (a) The position of non-racing personnel and equipment will be determined by the RC and may be advised verbally.
- (b) The OA shall have the right to use any images and sound recorded during the event free of charge.
- (c) Crew members (including the skipper) may be required to carry an audio microphone.

### 18. PRIZES

- (a) The winner of the Championship will be awarded with the Cup of the President of the Italian Republic, that has already been officially request.
- (b) Prizes for I, II, III and IV classified will be offered by the Italian Navy.
- (c) Prizes to all competitors as provided by sponsors.

### **19. CODE of CONDUCT**

- (a) Competitors shall comply with any reasonable request from any official, including attendance at official functions, co-operation with event sponsors and shall not behave so as to bring the event into disrepute.
- (b) Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with SI Appendices D and E.
- (c) The penalty for breaking this SI is at the discretion of the Jury and may include exclusion from further participation in the event, the withdrawal of any prize money or the withholding of deposits.

### 20. DISCLAIMER

All those taking any part in the event do so at their own risk. The OA, its associates and appointees accept no responsibility for any loss, damage, injury or inconvenience incurred, howsoever caused.



# SI APPENDIX A

# **CREW LIST**

Rank	Function	ID ISAF	Sailor	IBSA code	Nation
1	Н				
2	Н				
3	Н				
4	Н				
	Н				
5					
	Н				
6					
	Н				
7					
	Н				
8					
	Н				
9					
10	Н				
10					

### H = Helmsman

Each crew, regardless of her/his classification, shall blindfold both eyes.



# SI APPENDIX B EVENT FORMAT and SCHEDULE OF RACES

### 1. First Stage – Round Robin

a) Skippers will be listed using the latest ranking list ISAF Match Race.

(b) The teams will be divided into two groups (A and B) that will compete each other in its group once.

(c) After completing the two groups, if possible, the whole Round Robin will be completed, or we will proceed with direct clashes between the competitors of the 2 groups, so as to complete the classification in direct competition between the competitors of the two groups, in order to complete the ranking.

### 2. Semi-finals

The first four classified will enter the semi-finals.

- (a) The skipper finishing first in the qualifying round robin shall race against the fourth placed skipper. The skipper finishing second shall race against the skipper finishing third.
- (b) The first skipper to score 2 points will go into the next part of the event.

The sides of entry will be determined on the basis of the round robin ranking.

### 3. Petit Final

The first skipper to score 2 points shall be awarded third place, the other fourth place.

The sides of entry will be paired by draw.

### 4. Finals

The first skipper to score 2 points shall be the winner.

The sides of entry will be paired by draw.

### 5. Alternative only Finals

The first classified teams of the round robin shall race against the second classified; the first skipper to score 2 points shall be the winner, the other-one shall be awarded second place.

The third classified teams of the round robin shall race against the fourth classified; the first skipper to score 2 points shall be awarded third place, the other-one shall be awarded fourth place.

The sides of entry will be determined on the basis of the round robin ranking



# **SI APPENDIX C - HANDLING BOATS**

### 1 GENERAL

While all reasonable steps are taken to equalise the boats variations will not be grounds for redress. This changes RRS 62.

### 2 PROHIBITED ITEMS and ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed by an umpire or observer otherwise, the following are prohibited.

- **2.1** Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- **2.3** The replacement of any equipment without the sanction of the RC.
- **2.4** Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- **2.5** Moving equipment from its normal stowage position except when being used.
- **2.6** Boarding a boat without prior permission.
- 2.7 Taking a boat from its mooring without having permission from the RC.
- **2.8** Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.9 Using a winch to adjust the mainsheet, backstay or vang.
- 2.10 Adjusting lifeline tension.
- **2.11** Using a reef line as an outhaul.
- 2.12 Cross winching foresail sheets.
- 2.13 Omitting any headsail car or turning block before sheeting onto a winch.
- **2.14** The use of electronic instruments other than compass, watches and Homerus instruments provided by OA.
- 2.15 Marking directly on the hull or deck with permanent ink.
- **2.16** After the starting signal and while sailing close hauled for more than a few seconds, the main boom position shall be controlled only by using the mainsheet as it exits the block on the cockpit floor, and the vang.
- **2.17** Hiking is not permitted.

### 3 PERMITTED ITEMS and ACTIONS

The following are permitted.

- **3.1** Taking on board the following equipment:
  - (a) basic hand tools
  - (b) adhesive tape.
  - (c) line (elastic or otherwise of 4 mm diameter or less)
  - (d) marking pens



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lobe

- (e) tell tale material
- (f) watch, timers and hand held compass
- (g) shackles and clevice pins
- (h) velcro tape
- (i) bosun's chair
- **3.2** Using the items in 3.1 to:
  - (a) prevent fouling of lines, sails and sheets
  - (b) attach tell tales
  - (c) prevent sails being damaged or falling overboard
  - (d) mark control settings
  - (e) make minor repairs and permitted adjustments
- **3.3** Changing the number of mainsheet purchases.

### 4 MANDATORY ITEMS and ACTIONS

The following are mandatory.

- **4.1** The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.
- 4.2 At the end of each sailing day:
  - (a) folding, bagging and placement of the sails as directed
  - (b) leaving the boat in the same state of cleanliness as when first boarded that day
  - (c) releasing backstay tension
- **4.3** At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash and removing all tape and marks.
- **4.4** Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes or no answer.
- **4.5** Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
- **4.6** A breach of items 4.2 and 4.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.
- **4.7** When a boat finishes her match, she shall sail in the quadrant below the starting line extension assigned to the next match, to change the crew.
- **4.8** When a boat has changed the crew for the next match, she shall sail to the quadrant above the starting line extension assigned to her next match, and await her attention/warning signal as appropriate.



# SI APPENDIX D - EQUIPMENT LIST

The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

### SAILS and SAILING EQUIPMENT

Mainsail Jib genoa One winch handle Tiller extension Sheets

### SAFETY GEAR

Life jackets for each crew member Boat hook First Aid kit Life ring Bilge pump

### TOOLS

Any supplied tools

### **GROUND TACKLE**

Anchor and chain Anchor line

### **MOORING LINES and FENDERS**

Two mooring lines Two fenders

### GALLEY EQUIPMENT

Lunch box as provided by the organisers Water as provided by the organisers



